

# SCOTTISH MUSIC & HEALTH NETWORK

## Music as a preventive strategy for public health:

a one-day seminar

**Glasgow Caledonian University, October 23rd 2015**

Technology & Innovation Centre, 99 George Street, Glasgow, G1 1RD

### AM

09:30	<i>Welcome &amp; Registration</i>	
10:00	<b>SMHN team</b>	Music and Public Health Research
10:15	<a href="#">Douglas Lonie</a> , BOP Consulting	The tyranny of conscious thought – theory, policy and practice in participatory music projects
10:35	Allan Farmer, <a href="#">WHALE Arts</a>	Music in Mind: making music and staying healthy in Wester Hailes
10:55	<b>Performance</b>	Musicians from Sensatronic ( <a href="#">SENSE Scotland</a> )
11:10	<i>Coffee</i>	
11:40	Katherine Waumsley, <a href="#">Common Wheel</a>	Common Wheel: Community Music in a Mental Health Care Context
12:00	<a href="#">Giorgos Tsiris</a> , Nordoff Robbins, London/Queen Margaret University, Edinburgh	Music in health promotion and death education: Perspectives from community music therapy
12:20	<b>SMHN team roundup</b>	
12:30	<b>Close – lunch</b>	

<b>PM</b>		
13:30	<b>Performance</b>	Sing for Life Speyside
13:45	<b>SMHN</b>	Introduction
	<b>Community singing:</b>	
13:55	<a href="#">Tara French</a> , Glasgow School of Art	Promoting health & wellbeing through community singing
14:15	Svend Einar- Brown/Siobhan Clark, Glasgow Life	<a href="#">Big Big Sing</a> ; what impact could community singing have on wellbeing in Glasgow?
14:35	Shelley Coyne, University of Edinburgh	We're Givin' it Laldie : Can Community Singing Improve Wellbeing in an Area of Multiple Deprivation in Glasgow?
15:00	<i>Coffee</i>	
15:30	<a href="#">Chris Harkins</a> , Glasgow Centre for Population Health	Evaluating Sistema Scotland – approaching complexity, recognizing different forms of evidence & embedding a life course study of impacts
15:50	<b>Discussion</b>	Improving and maintaining public health with music
16:20	<b>SMHN team</b>	Network update
16:30	<i>Close</i>	