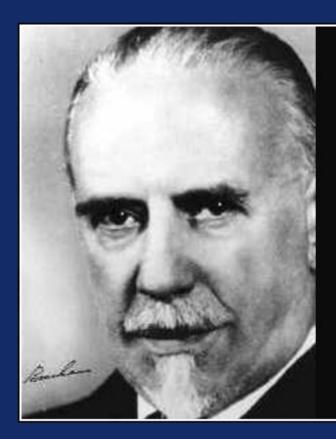


The tyranny of conscious thought – theory, policy and practice in participatory music projects SMHN, 23 October 2015 Dougie Lonie, <u>BOP Consulting</u>



The function of music is to release us from the tyranny of conscious thought.

— Thomas Beecham —

AZ QUOTES

Current landscape

- Diminishing resources
- The outcomes 'turn'
- Ongoing need for evidence
- Planning, application, evaluation and investment, setting a discourse
- The 'wellbeing industry'?











Theory of Change

PROBLEM		INPUTS	ļψ	ОИТРИТЅ		卢	OUTCOMES - IMPACT		
				Activities	Participation	Ц	Short-term	Interim	Long-term
	r		'			'			

'Monitoring' 'Reporting'

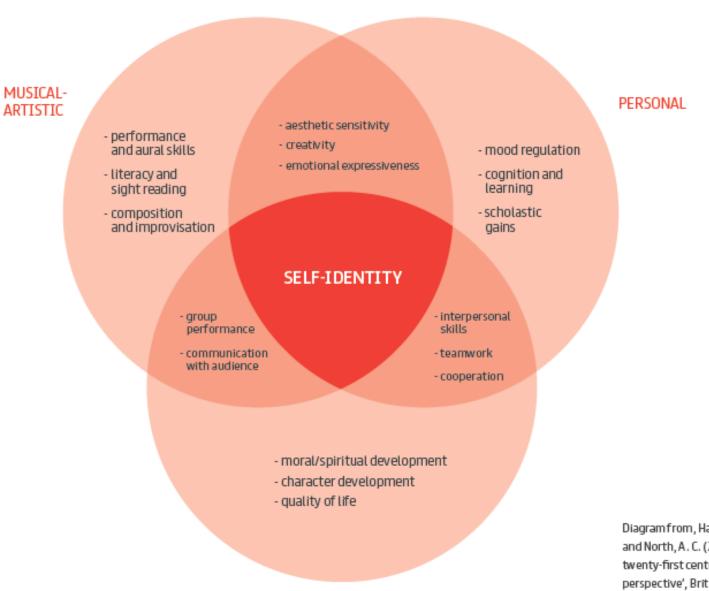
Practice

Impact

Research

Theory

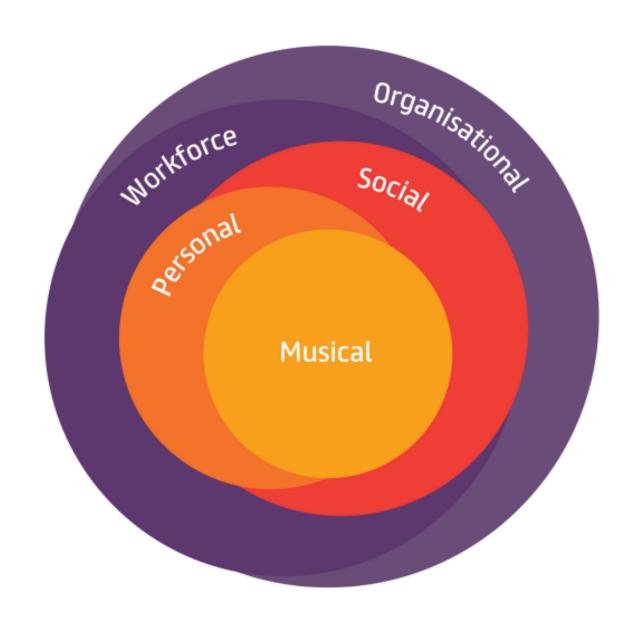
POTENTIAL OUTCOMES OF MUSIC EDUCATION



SOCIAL-CULTURAL

Diagram from, Hargreaves, D., Marshall, N.A., and North, A. C. (2003) 'Music education in the twenty-first century: a psychological perspective', British Journal of Music Education, Vol 20, Issue 2, pp147-163 _

Structuring outcomes



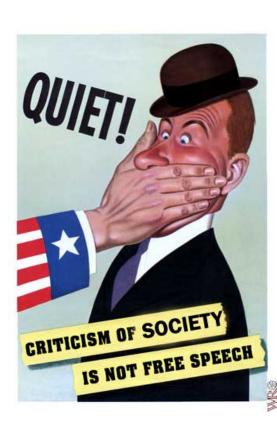
Young people's voice

Kraftl (2013)

'some participatory processes manufacture children's emotions into a more-or-less acceptable form of "voice"; or, furthermore, assuming that "participation" – especially "having a voice" –[necessarily] has positive benefits for children'

Rimmer (2009)

Policy stipulations from arts funders can be enacted coercively in participatory projects – 'they made me do it'



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Developing
Emotional
Literacy and selfidentity in
Hangleton and
Knoll

5-year project in a room in a community centre in SE England, 20-30 young people (2008-2013)

Twice weekly hip-hop lessons and recording opportunities

Methods

- 3 x Semi-structured interviews with Max
- 3 x Focus groups with U Studios Crew
- Interpretative Phenomenological Analysis (IPA)
- Framework analysis of lyrics





'What do you make music about?'

Karl: Well I just write about what I'm feeling at the time, like it also varies about the beat to be honest, you have to have the right beat for the right mood, and when you're writing, sometimes when I'm angry I use it to let out my anger 'cause it's just an easier way of doing it 'cause it's relaxing to sit there writing some lyrics. And mainly most of the time it's my reality and how things happen in my life.

Mason: thinking about my life really innit? But that's basically what I rap about, just life stories and stuff like that, like what I've done and teaching youngers and that, I just feel good doing that

Letting participants express themselves however they wish, enabling this through musical learning

Listening to practitioners

Max: it's because they've got investment in what they're saying [through the hip-hop sessions] that it gives them enough kind of impetus to respect what everyone else is saying and see it as a joint project. I think for me that's the bit that's unarguable.

The problem I encounter a lot with youth workers is they don't show the respect to the young people's culture of knowing about it and then they'll just try and wade in with advice, and it's like, "Well what qualifies you to give me the advice because you haven't engaged with my world so why should I engage with your world?

Practitioners can feel limited by funding agreements and the structure of activities can have negative outcomes

What is the function of music in this project?

Musical Process

Way in to young people's worlds – deciding what to learn and what to make music about

Lyrical Process

Emotional, expressive *literacies* through lyric writing and making beats

Outcomes

Validation of own *voice* - Recognition of others' voice

Development of *self-concept and self-identity*

Access to wider pool of *resources* and skills

Relatedness and conceptions of community

Not jobs, an end to poverty, or a 'cure' for mental illness or anti-social behaviour.

Conclusions and questions

We need to listen to participants and practitioners and represent their experiences and expertise honestly

We need to inform policy by using more theory in our practice and research

How are we contributing to the 'wellbeing industry' by uncritically entering into a funding 'outcomes discourse'?

Can we inform policy through practice rather than waiting for agendas to shift?

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